

# **UNDER 3 PROGRAM DETAILS Information for Parents**

### Parent Toddler Program (ages 18-36 months)

The child must be walking and using two hands independently. The aim of the program is to create an independent toddler environment that is facilitated by the adults and the Montessori Guides. The children come to a session once a week with an adult for 1.5-2 hours. The room is set up in a manner consistent with the Montessori Principles. There is a section of manipulatives (puzzles, etc.), language (pictures and figures to encourage language acquisition), food preparation (where the children use apple cutters, knives, cups and plates), to name a few. We end the session with circle time, where songs are sung.



#### **Transition Program (ages 13-17 months)**



The child must be walking. The children come once a week for 1.5 hours with an adult (both parents are welcome). The aim of this program is to gently have the adults take a step back from the children in preparation for the Parent Toddler Program (PTP). Here the room is set up in a manner that mimics on a smaller scale the PTP environment mentioned above, however with more space for movement as it is still a great need for this age group. We gather at the end of the session for some circle time and discuss any questions that the parent might have encountered during the week (e.g. Food preparation, sleeping, toileting etc.). The responses are based on the Montessori Philosophy and the discussions are considered confidential to allow people to share openly.

#### Nido Program (ages 6-12 months)

The child will now be starting to crawl and move away from you. The child will attend with an adult (both parents are welcome) for 1.5 hours per week. The aim of this session is to provide a space that can be mimicked at home for the current needs of the child. Each week we discuss a topic that is based on the Montessori Philosophy and answer any questions that the parent might have. The discussions are considered confidential to the group to allow people to share openly. The people in these groups often become quite close to each other and providing good network for likeminded parents.



## Nido Parenting Program (Pregnancy to 6 months)

A guide for parents who are in their final trimester or have infants up to 6 months of age. The child must still be in a fairly non-mobile state, only able to lie on the back, roll and slither. The room is set up in a circle with toys and activities that provide the needed stimulation for children in this age bracket It provides a program that answers the questions that parents have regarding parenting and what to do now that the baby has arrived. All of the advice given is based on the Montessori Philosophy and the discussions are considered confidential to the group to allow people to share openly. The people in these groups often become quite close to each other and providing good network for like-minded parents.